



# MINUTES

Utah Department of Health  
Drug Utilization Review Board

**Thursday, October 13th, 2016**  
**7:15 a.m. to 8:30 a.m.**  
**Cannon Health Building**  
**Room 114**

**Board Members Present:**

Jennifer Brinton, M.D., Board Chair	Keith Tolman, M.D.
Susan Siegfried, M.D.	Aesha Drozdowski, Pharm D.
Steve Lore, M.D.	Michael Symond, M.D.
Kim Michelson, D.D.S.	Kumar Shah, M.Sc., P.Eng.
Katherine Smith, Pharm D.	Ben Berrett, Pharm D.

**Board Members Excused:**

Holly Gurgle, Pharm D	Neal Catalano, Pharm D.
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**Dept. of Health/Div. of Health Care Financing Staff Present:**

Chad Hope, Pharm D	Heather Santacruz, R.N.
Robyn Seely, Pharm D.	Merelynn Berrett, R.N
Alyssa Pitts, R.N.	Bryan Larson, Pharm.D.
Megan Schlappi, C.Ph.T.	

**Other Individuals Present:**

Joanita Lake, UofU*	Kaysen Bach, Novo Nordisk Inc.
Joann LeFleur, UofU*	Kobe A. Nohavec, UUHP
Charissa Anne, J+J	Laura Britton, Healthy U
Cody Ball, Select Health	Karen Einbinder, Novo Nordisk Inc.

\*UofU = University of Utah

Meeting conducted by: Jennifer Brinton, M.D.

- Welcome & Housekeeping:** Jennifer Brinton opened the meeting and reminded everyone to sign the rosters.
  - Jennifer Brinton introduced Dr. Kim Michelson as a new dentist on the board.
  - Robyn Seely explained to the board that they would need to approve the Pharmacy and Therapeutics (P&T) Committee's draft By-Laws because the P&T Committee is a subcommittee to the DUR board. Keith Tolman motioned to approve the P&T Committee's draft By-Laws. Kumar Shah seconded. All in favor.
- Review and Approval of September Minutes:** Kumar Shah made a motion to approve the minutes from the September meeting. Steve Lore seconded. All in favor.

3. **Pharmacy and Therapeutics (P&T) Committee update:** Bryan Larson, P&T Manager, updated the board on the P&T Committee. The P&T Committee met last month to discuss “Tricyclic Antidepressants and Monoamine Oxidase Inhibitors”. The Committee made a motion that for both classes, the drugs are equally safe and efficacious for their inclusion on the PDL.
4. **Long Acting Opiates**
  - a. **Public Comment:** Dr. Keith Tolman, M.D. presented a letter he wrote, including suggestions for the Board’s discussion of long acting opioids.
  - b. **Board Discussion:** Lengthy discussion resulted in the following motions
    - 1) Motion: All long-acting opioids require prior authorization (PA)
      - i. Moved by Keith Tolman, Seconded by Michael Symond
      - ii. Motion failed, simple majority not achieved
    - 2) Motion: For patients newly starting on long-acting opioids, require a PA for any prescription over 7 days. Grandfather patients currently taking long acting opioids.
      - i. Moved by Keith Tolman, Seconded by Kumar Shah
      - ii. Motion failed, simple majority not achieved
    - 3) Motion: Methadone and fentanyl (all dosage forms) require a PA
      - i. Moved by Katheryn Smith, Seconded by Aesha Drozdowski
      - ii. Motion passed with a simple majority
    - 4) Motion: PA criteria for methadone and fentanyl: Failure on at least two long-acting opioids and/or cannot take oral medication; prescriber must be, or must consult with, a neurologist, rheumatologist, gastroenterologist or pain management physician.
      - i. Moved by Katheryn Smith, Seconded by Keith Tolman
      - ii. Motion failed, simple majority not achieved
    - 5) Motion: Adopt the quantity limits presented in the meeting materials; patients new to opioids must adhere to the new quantity limits; allow patients continuing opioid therapy 3 months to taper doses down to the new quantity limits.
      - i. Moved by Susan Siegfried, Seconded by Michael Symond
      - ii. Motion passed with a simple majority
5. **Nomination of Board Chair:** Keith Tolman noted that Jennifer Brinton’s one-year term as Board Chair is complete and motioned that she continue for another term. Seconded by Kumar Shah, all in favor.
6. **Public Meeting Adjourned:** Keith Tolman motioned to close the meeting. Mike Symond seconded. All in favor.
7. **Next meeting is scheduled for November 10th, 2016.**

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Audio recordings of DUR meetings are available online at:  
<https://medicaid.utah.gov/pharmacy/drug-utilization-review-board?p=DUR Board Audio Recordings/>