

New Choices Waiver-Description of Services

Division of Medicaid and Health Financing, Bureau of Long Term Services and Supports
801-538-6155 (option 6) or toll free 800-662-9651 (option 6) newchoiceswaiver@utah.gov

SERVICE	DESCRIPTION
Adult Day Care	<p>Adult Day Care services are provided in a non-institutional, community-based setting, encompassing both health and social services needed to ensure the optimal functioning of the participant. Services are furnished four (4) or more hours per day on a regularly scheduled basis.</p>
Adult Residential Services-Assisted Living	<p>Adult Residential Service-Assisted Living includes any combination of the following services at the amount, duration and frequency assessed to be needed by the participant and approved by NCW. This service does not cover 24-hour skilled care or supervision, room and board, items of comfort or convenience, or the costs of facility maintenance, upkeep and improvement.</p> <ul style="list-style-type: none"> ● Personal care, assistance with activities of daily living; ● Preparation of three meals per day; ● General housekeeping services including personal laundry, laundering bed linens, washing dishes, mopping floors, vacuuming carpeted areas, dusting surfaces, making beds, cleaning of bathroom fixtures, trash removal and other general cleaning activities; ● General monitoring and emergency response capability twenty-four hours a day, seven days a week. Providers must have staff on site that are reachable at all times and must be able to respond quickly in the case of emergency including evacuation from the building if necessary. ● Social and recreational activities to enhance quality of life; ● Chore services; ● Medication assistance and oversight; and ● Nursing/skilled therapy services that are incidental rather than integral to the provision of Adult Residential Services.
Adult Residential Services-Memory Care	<p>Adult Residential Service-Memory Care includes any combination of the following services at the amount, duration and frequency assessed to be needed by the participant and approved by NCW. This service does not cover 24-hour skilled care or supervision, room and board, items of comfort or convenience, or the costs of facility maintenance, upkeep and improvement</p> <ul style="list-style-type: none"> ● Personal care, assistance with activities of daily living; ● Memory care services; ● Preparation of three meals per day; ● General housekeeping services including personal laundry, laundering bed linens, washing dishes, mopping floors, vacuuming carpeted areas, dusting surfaces, making beds, cleaning of bathroom fixtures, trash removal and other general cleaning activities; ● General monitoring and emergency response capability twenty-four hours a day, seven days a week. Providers must have staff on site that are

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	<p>reachable at all times and must be able to respond quickly in the case of emergency including evacuation from the building if necessary.</p> <ul style="list-style-type: none"> ● Social and recreational activities to enhance quality of life; ● Chore services; ● Medication assistance and oversight; and ● Nursing/skilled therapy services that are incidental rather than integral to the provision of Adult Residential Services – Memory Care.
<p>Adult Residential Services-Independent Living</p>	<p>Adult Residential Service – Independent Living Facility includes any combination of the following services at the amount, duration and frequency assessed to be needed by the participant and approved by NCW. This service does not cover 24-hour skilled care or supervision, room and board, items of comfort or convenience, or the costs of facility maintenance, upkeep and improvement</p> <ul style="list-style-type: none"> ● Preparation of three meals per day; ● General housekeeping services including personal laundry, laundering bed linens, washing dishes, mopping floors, vacuuming carpeted areas, dusting surfaces, making beds, cleaning of bathroom fixtures, trash removal and other general cleaning activities; ● General monitoring and emergency response capability twenty-four hours a day, seven days a week. Providers must have staff on site that are reachable at all times and must be able to respond quickly in the case of emergency including evacuation from the building if necessary; and ● Development of formal safety plans for each NCW client that includes at a minimum daily status checks. Safety plans must be written and shared with each client’s case management agency;
<p>Adult Residential Services-Community Residential Care</p>	<p>Adult Residential Service-Community Residential Care includes any combination of the following services at the amount, duration and frequency assessed to be needed by the participant and approved by NCW. This service does not cover 24-hour skilled care or supervision, room and board, items of comfort or convenience, or the costs of facility maintenance, upkeep and improvement</p> <ul style="list-style-type: none"> ● Preparation of three meals per day; ● Behavioral health services as specified in the individualized treatment plan; ● General housekeeping services including personal laundry, laundering bed linens, washing dishes, mopping floors, vacuuming carpeted areas, dusting surfaces, making beds, cleaning of bathroom fixtures, trash removal and other general cleaning activities; ● General monitoring and emergency response capability twenty-four hours a day, seven days a week. Providers must have staff on site that are reachable at all times and must be able to respond quickly in the case of emergency including evacuation from the building if necessary. ● Social and recreational activities to enhance quality of life; ● Chore services; and

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	<ul style="list-style-type: none"> ● Medication assistance and oversight.
<p>Assistive Technology Devices</p>	<p>Assistive technology devices are items, pieces of equipment, or product systems that are used to increase, maintain, or improve functional capabilities of participants. This service includes:</p> <ul style="list-style-type: none"> ● The evaluation of the assistive technology needs of a waiver client, including a functional evaluation of the impact of the provision of appropriate assistive technology and appropriate services to the waiver client in the customary environment of the client; ● Services consisting of purchasing, leasing, or otherwise providing for the acquisition of assistive technology devices for waiver clients; ● Services consisting of selecting, designing, fitting, customizing, adapting, applying, maintaining, repairing, or replacing assistive technology devices; ● Coordination and use of necessary interventions or services with assistive technology devices, such as interventions or services associated with other services in the client’s care plan; ● Training or technical assistance for the waiver client, or, where appropriate, the family members, guardians, advocates, or authorized representatives of the waiver client on proper use of the assistive technology device(s); and ● Training or technical assistance for professionals or other individuals who provide services to, employ, or are otherwise substantially involved in the major life functions of waiver clients on proper use of the assistive technology device(s). <p>Devices covered under these services are limited to pre-approved devices and those that align with the intent of the service.</p>
<p>Attendant Care</p>	<p>Attendant Care Services are services that substitute or compensate for the absence, loss, diminution, or impairment of a physical or cognitive function.</p> <p>Services provided to participants residing in an Assisted Living Facility or Assisted Living Facility-Memory Care are limited to supporting access to or participant in off campus activities.</p>
<p>Caregiver Training</p>	<p>Caregiver Training is training and counseling services for individuals and family members who provide unpaid support, training, companionship or supervision to a participant residing in a home setting. Training includes instruction about treatment regimens and other services included in the person-centered care plan, use of equipment specified in the care plan, and includes updates as necessary to safely maintain the participant in their home setting.</p> <p>Individuals who are employed (paid) to support the participant may not receive this service.</p>

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Case Management	<p>Case Management Services are services that assist participants to gain access to needed waiver services and other Medicaid State Plan services, as well as needed medical, social, educational, and other services, regardless of the funding source.</p> <p>A participant has the right to change case management agencies at any time; to facilitate a change the participant or their representative should contact the NCW Program.</p>
Chore Services	<p>Chore Services are services which are needed in order to maintain the participant’s home in a clean, sanitary and safe condition. This service includes short-term heavy household chores such as carpet cleaning, pest eradication, cleaning windows and walls, tacking down loose rugs and tiles, lawn mowing, moving heavy items of furniture, snow removal which is necessary in order to provide safe access or egress, and cleaning up a hoarding situation.</p> <p>Chore Services can be provided to participants only when neither the they nor anyone else in the household is capable of performing or financially providing for them, and where no other caregiver, landlord, community/volunteer agency, or third-party payer is capable or responsible for their provision</p>
Community Living Services	<p>Community Transition Services is provision of essential household items and services which are needed to establish basic living arrangements in a community setting that enable the individual to establish and maintain health and safety. This service can also include moving expenses when there are no other family members or other resources available to assist with moving. The availability of this service is limited to specific situational scenarios.</p>
Consumer Preparation Services	<p>Consumer Preparation Services are services that assist the participant or their family (or representative, as appropriate) in arranging for, self-directing and managing their services. Serving as the agent of the participant or family, the consumer preparation services provider is available to assist in identifying immediate and long-term needs, developing options to meet those needs and accessing identified supports and services.</p> <p>This service is limited to participants who choose to utilize the Self-Administered Services (SAS) option for service delivery.</p>
Emergency Response Systems	<p>Personal Emergency Response Systems are electronic devices that enable participants to secure help in an emergency through a connection to a signal response center that is staffed by trained professionals on a 24 hour per day, seven days a week basis.</p>
Environmental Accessibility Adaptation-Home Modification	<p>Equipment and/or physical adaptations to the participant’s residence which are necessary to assure the health, welfare and safety of the individual or which enable the individual to function with greater independence in their home environment.</p>

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Environmental Accessibility Adaptation-Vehicle Modification	This service includes equipment and/or physical adaptations to the participant's vehicle which are necessary to assure the health, welfare and safety of the individual or which enable the individual to function with greater independence in the home and in the community.
Financial Management Services	Financial Management Services is offered in support of the Self-Administered Services (SAS) delivery option with the financial management agency assisting in conducting employer related functions.
Habilitation Services	<p>Habilitation Services are active teaching/training therapeutic activities to supply a person with the means to develop or maintain maximum independence in activities of daily living and instrumental activities of daily living, socialization and adaptive skills necessary to reside successfully in home and community-based settings.</p> <p>This service is not intended to be vocational rehabilitation services, pre-vocational services, supported employment services, companion services or attendant care services and should not be used for any of these purposes.</p>
Home Delivered Meals	<p>Home Delivered Supplemental Meals provides nutritionally sound and satisfying meals to participants residing in their own private (non-facility) homes who are unable to prepare their own meals and who do not have a responsible party or volunteer caregiver available to prepare their meals for them.</p> <p>This service may not constitute the full nutritional regime and is limited to 2 meals per day.</p>
Homemaker Services	<p>Homemaker Services are services consisting of the performance of general household tasks (e.g., meal preparation, grocery shopping, laundry, cleaning bathrooms, doing dishes, dusting, vacuuming, sweeping, mopping) provided by a qualified homemaker for a participant who resides in a private home setting.</p> <p>This service cannot be provided to waiver clients who reside in facility settings where homemaker services are already included as a component of the Adult Residential Services package within that facility setting.</p>
Medication Assistance Services	<p><u>Medication Reminder System (Not Face-To-Face)</u> provides a medication reminder to a participant by a third-party entity or individual(s) that is not responsible for medication management.</p> <p>Services involve non-face-to-face medication reminder techniques such as phone calls, telecommunication devices, medication dispenser devices with electronic alarms which alert the individual and a central response center staffed with qualified individuals.</p> <p><u>Medication Set-Up and Administration</u> are services by an individual authorized by State law in accordance with the Nurse Practice Act to set-up medications in containers that facilitate safe and effective self-administration. Nurses may also</p>

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	assist individuals in the administration of medications as part of a medication maintenance regimen.
Non-Medical Transportation	Non-medical transportation services are offered in order to enable participants to gain access to non-medical community-based services, activities and other resources as specified by the waiver client's care plan. A UTA may be provided through this service.
Personal Budget Assistance	Personal Budget Assistance aids participants with financial matters, fiscal training, supervision of financial resources, savings, retirement, earnings and funds monitoring, monthly check writing, bank reconciliation, budget management, tax and fiscal record keeping and filing, and fiscal interaction on behalf of the individual. The Personal Budget Assistance provider assists the participant or their designated representative in reviewing their finances/budget at least monthly.
Respite Care	Respite Care Services provided to give relief to or during the absence of, the normal caregiver. Respite Care may be provided in the participants place of residence. Participant's receiving Adult Residential Services are not eligible for Respite Care.
Specialized Medical Equipment	Specialized Medical Equipment, Supplies and Supplements includes devices, controls or appliances, which enable participants to increase their abilities to perform activities of daily living. Additionally, this service covers items necessary for life support including prescribed nutritional supplements, ancillary supplies and equipment and durable and non-durable medical equipment.
Supportive Maintenance	The scope and nature of these services is the same as home health aide services furnished under the Medicaid State Plan. Supportive Maintenance services will only be approved after full utilization of available Medicaid State Plan home health services and a need has been identified for additional units of home health services in order to achieve health and safety in the waiver client's community-based home setting.