

# EPAS

## Employment-Related Personal Assistant Services

EPAS is a Medicaid service for people with disabilities who work and need personal assistance in order to remain employed. This service is designed to provide personal assistance for people who may have physical, mental, cognitive, and/or developmental disabilities who are working in an integrated and competitive setting.

### Eligibility Requirements:

- ✓ Must be a Utah Medicaid Recipient. May be paying a spenddown or Work Incentive premium.
- ✓ Disabled as established by the Social Security Administration or the State Medical Review Board.
- ✓ Working a minimum of 40 hours per month, making at least minimum wage or is self employed and needs personal assistance to maintain employment.

### Personal Assistant Selection:

EPAS is a Self-Directed Services program that allows the EPAS participant to select and hire his/her own personal assistant(s).

#### Personal Assistant Qualifications:

- Must be at least 16 or older
- Have a valid driver's license
- Have automobile liability insurance

#### Examples:

Parents (if the EPAS participant is at least 18), family, friends, neighbors, co-workers, individual hired through an ad.

### How to apply:

To apply for Medicaid: DWS [www.jobs.utah.gov](http://www.jobs.utah.gov)

Apply for EPAS: [www.medicaid.utah.gov/ltc-2/epas/](http://www.medicaid.utah.gov/ltc-2/epas/)

Questions: Denise Hansen, EPAS Specialist [epas@utah.gov](mailto:epas@utah.gov) or 801-538-6955

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### Personal Assistant may provide:

- Mobility in Bed
- Meal Preparation
- Personal Hygiene
- Dressing
- Transferring
- Ambulation
- Toileting
- Shopping
- Bathing
- Laundry
- Ordinary Housework
- Managing Finances
- Medication Reminders
- Transportation (for work)