

Community Perspective of Services

Home and community based services (HCBS) provide supports that are similar to those offered in an Intermediate Care Facility. Community based services can be provided in an apartment, home, or group home.

Community based services offer choice to live with family and friends in an area you desire, help people move into homes and apartments as an alternative to facility based care, and offer support services that meet each person's unique daily needs including help with medication and medical support.

The services below are commonly accessed by individuals participating in the Transition program. An education and in-reach specialist can talk with you more about the full service array available to individuals participating in HCBS.

Residential Supports

Residential supports provide care and supervision to individuals to meet their specific needs, up to 24 hours a day, typically in a group home environment with roommates. Residential supports encourage independence, skill building, and community involvement.

Host Homes/ Professional Parent Home

Host and professional parents provide individuals with residential support in a family type environment. Individuals receive ongoing support to increase independence, build skills, and participate in the community.

Supported Living

Supported Living offers a person individual support to help the person design their day. Support can be provided in the home (cooking, laundry, hobbies, etc) or in the community (accessing transportation,

budgeting, shopping, outings with friends, etc). These activities promote choices to increase independence, self determination and self advocacy.

Supported Employment

Supported employment supports the choice that individuals have to seek and maintain employment with the support of a job coach. The job coach is able to guide them through career activities and assist in developing skills to obtain a job of the person's choosing.

Day Supports

Day supports provide a safe and productive environment for adult individuals to spend their daytime hours. These supports provide the opportunity for individuals to socialize within the community and learn new skills that are important to them. Day supports also provide afterschool and summer programs to achieve similar goals for individuals under 22.

Respite Care

Respite care provides individuals in or out of home support to provide relief for the caregiver. This helps the caregiver to provide the best care for their family member.

Behavior Consultation

Behavior consultation provides a behaviorist to evaluate an individual's needs and to help develop, implement and maintain a behavior support plan.

Medication Monitoring

Medication monitoring services provide nurses to oversee staff and ensure medication is taken as prescribed by your doctor.

Professional Nursing

Nursing services provide hands on care, oversight, and delegation of skilled nursing care. Nursing services help a person maintain health and safety in the community.

Transportation

Transportation provides support to get from one place to the next in the community, this can be completed with supported living staff, day programs, or via UTA paratransit.