

MyBenefits

Registration and Login:

In order to view your information through the MyBenefits website, you will first need to register and create a login.

How do I create a MyBenefits login?

If you are a first time user, you will need to create a login at mybenefits.utah.gov before you can access the MyBenefits website.

1. Click the 'Login to MyBenefits' button above
2. Click on the 'Register now' link from the login page
3. Complete all required fields
4. Click 'Continue'
5. Create a password that meets all of the listed requirements
6. Click 'Continue'
7. You will receive an email from MyBenefits; click on the 'Confirm' link to verify your email address
8. Return to the log in screen and log in to your account for the first time to complete your registration
9. Select and answer three security questions
10. Click 'Register'

You can now access your information through the MyBenefits website.

How do I log in?

Click on the 'Login to MyBenefits' button above. Enter your MyBenefits login and password. Click 'Sign On'.

If you do not have a MyBenefits login, follow the instructions above in 'How do I create a MyBenefits login?'.

If you forgot your password or it has expired, read the next section 'Changing or Resetting Your Password'.

How do I change or reset my password?

Click the 'Login to MyBenefits' button above. Enter your MyBenefits login. Click the 'Forgot Password?' link. You will receive an email with a reset code. Enter the reset code and click 'OK'. Answer the security question and click 'OK'. Enter a new password in both fields and click 'Reset'.