

Medicaid for young adults

Are you young, living on your own, homeless or low-income, and not sure how to get health care coverage? Medicaid may be an option!

Who can get Medicaid?

- **Under age 19 or former foster care youth**
 - Are you under age 19?
 - Were you in foster care at age 18 and are under age 26?
- **Pregnant women**
 - Are you pregnant and live apart from your parents?
- **Young parents**
 - Do you have little or no income and have a child who lives with you?
- **Over age 19**
 - Do you have a low income?
 - Do you not have access to coverage through your employer or can't afford it?
- **Homeless or in need of treatment**
 - Have you been homeless for 12 months, or several times over the past 3 years?
 - Do you struggle with mental health or a substance use disorder?
- **Disabled**
 - Are you unable to work because of a disability?

If you are in one of these groups, you may be eligible for Medicaid. Medicaid can pay for medical services, mental health or substance use treatments, vision services, and some dental services. With Medicaid, you may go to the doctor for low or no cost.

What is Medicaid?

Medicaid is health coverage. It pays for:

- Doctor visits
- Prescription drugs
- Lab tests
- Treatment for injuries or illness
- Therapy and substance use treatment
- Hospital stays
- Emergency care and more

Medicaid will cover the cost of getting regular healthcare services that can help you stay healthy. Everyone needs health and medical care sometimes. Apply now, so you have it when you need it.

Medicaid member card

Medicaid members receive a wallet-sized plastic Medicaid card. The card will be used whenever the member is eligible for Medicaid. Each Medicaid member will get their own card. The card will have the member's name, Medicaid ID number, and date of birth. The back of the card has helpful contact information and websites for both providers and members. It is important to show each healthcare provider your Medicaid member card before you receive any services.

If you do lose your card or it gets destroyed, call the Department of Workforce Services (DWS) or Medicaid and they can send you a new one.

Health plans

People living in the counties listed below will need to pick a health plan:

- Box Elder, Cache, Davis, Iron, Morgan, Rich, Salt Lake, Summit, Tooele, Utah, Wasatch, Washington, or Weber.

Call a Health Program Representative (HPR) to choose a plan at **801-538-6155** or toll free at **1-800-662-9651**. An HPR can tell you about all the services Medicaid pays for.

Getting medical services

After you get your Medicaid member card, you can set up appointments with Medicaid covered doctors and other health services. When you choose a health plan, you can get medical services from providers who are part of that health plan. Someone from your health plan or an HPR can help you find the doctors and services you need.

Getting mental health care

Sometimes you might need counseling or help dealing with a substance use problem. Medicaid pays for therapy, psychiatric services, and alcohol or drug treatment services. Medicaid pays for these services through Prepaid Mental Health Plans (PMHP). Ask an HPR for help finding the plan in your area. If you live in Wasatch County, you can use any mental health provider who accepts Medicaid, or call Wasatch County Family Clinic at (435) 654-3003.

Dental benefits

Medicaid covers dental benefits if you are under age 21*, pregnant, disabled, blind, eligible for Targeted Adult Medicaid and are receiving treatment in a substance use disorder treatment program, or age 65 or older. Ask an HPR if you need help choosing a dental plan, or finding a Medicaid dentist. You can also call the Medicaid Hotline at 801-538-6155 or 1-800-662-9651 to find a dentist.

If you are not part of the groups listed above, Medicaid will only cover emergency dental. You may be able to get care through the Salt Lake Donated Dental Clinic at the Sorenson Unity Center (801-535-6533) located at 1363 S 900 W, #128, Salt Lake City, UT 84104.

* People under age 21 qualify for [Early Periodic Screening, Diagnostic and Treatment \(EPSDT\)](#).

Keeping your coverage

When you are on Medicaid, DWS needs a mailing address where you can pick up the mail they send you.

- If your address changes, tell DWS as soon as possible.
- If you do not have a stable address, one option may be receiving general delivery to a nearby post office, or you can choose to receive electronic notices online through **myCase**.
- You will need to login to your myCase account on a regular basis to check for notices.
- If DWS asks for information to keep your Medicaid coverage active, get in touch with them quickly because you may lose your Medicaid coverage.
- If your income changes or you are going to move to another state, tell DWS right away to avoid an overpayment of benefits.
- If you become pregnant, tell DWS right away so that you can get the coverage you need.

How do I apply?

You may apply online: [medicaid.utah.gov](https://www.medicaid.utah.gov)

Call for an application or with questions: 1-866-435-7414

You may also apply by mail or in person at a Department of Workforce Services office. Call DWS at 1-866-435-7414.

Department of Health and Human Services Department of Workforce Services

Equal Opportunity Employer/Program Auxiliary aids and services are available upon request to individuals with disabilities by calling (801) 526-9240.

Individual with speech and/or hearing impairments may call Relay Utah by dialing 711.

Spanish Relay Utah: 1-888-346-3162

Medicaid | 801-538-6155 or 1-800-662-9651 | [medicaid.utah.gov](https://www.medicaid.utah.gov)