

Physical Therapy and Occupational Therapy Decision Tables

Purpose

This attachment provides information used to complete prior authorization requests for outpatient physical therapy (PT) or occupational therapy (OT) services in excess of the allowed annual sessions.

Use this attachment in conjunction with the Physical Therapy and Occupational Therapy Decision Tables Standard Operating Procedure (SOP).

Decision Table Description

This attachment is divided into three sections: Physical Therapy, Occupational Therapy, and Occupational Therapy for Children.

Each section contains tables titled with a physical condition. Each condition table is divided into sections: code, diagnosis/complications, Types of Physical Therapy or Types of Occupational Therapy, and comments. Utilize the information to complete the prior authorization request.

Physical Therapy Tables of Conditions and Diagnoses

The following is a list of codes, diagnoses, modalities and limits for physical therapy.

AMPUTATION - LOWER EXTREMITY			
Code	Common Diagnosis or Complications	Types of Physical Therapy	Comments
T1015	<ul style="list-style-type: none"> • Diabetes • Peripheral vascular disease • Neuroma • Adhesions • Infection • Decreased range of motion • Congenital deformity 	<ul style="list-style-type: none"> • Stump healing management, such as: <ul style="list-style-type: none"> - Bandaging, - Supervised whirlpool (must be related to treatment goals) - Therapeutic exercise • Balance and coordination and strength-building therapeutic exercise, • Gait training • Prosthetic training, including: <ul style="list-style-type: none"> - Strengthening, - ROM, - Home environment evaluation - Equipment measurement and fitting 	<ul style="list-style-type: none"> • Average number of treatments: 24 • Average duration of treatment: 3 months at every stump revision or new prosthesis • Complications often interrupt treatment, extending duration of program • Stump shrinkage and abrasions may prolong or alter regimen as will stump revision or new prosthesis

AMPUTATION - UPPER EXTREMITY			
Code	Common Diagnosis or Complications	Types of Physical Therapy	Comments
T1015	<ul style="list-style-type: none"> • Adhesion • Neuroma • Contractures C infection 	<ul style="list-style-type: none"> • Prosthetic training, • ADL, • bandaging, • therapeutic exercise 	<ul style="list-style-type: none"> • Average number of treatments: 20 - 24 • Duration of treatments: 4 months

AMYOTROPHIC LATERAL SCLEROSIS			
Code	Common Diagnosis or Complications	Types of Physical Therapy	Comments
T1015	<ul style="list-style-type: none"> • Decreased range of motion • Muscular weakness • Respiratory problems • Peripheral and central nerve paralysis • Spasticity • Oral motor swallowing problems 	<ul style="list-style-type: none"> • Exercise gait training, • postural drainage, • ADL, • patient/family education, • measurement and fitting for equipment, • home environment evaluation, • supervised pool and aquatic treatment (must be related to treatment goals) 	<ul style="list-style-type: none"> • Average number of treatments: 30 • Average duration of treatment: 4 months

ARTHRITIS			
Code	Common Diagnosis or Complications	Types of Physical Therapy	Comments
T1015	<ul style="list-style-type: none"> • Pain • Deformities • Ankylosing spondylitis (Marie- Strumpell's) • Contracture • Muscular weakness 	<ul style="list-style-type: none"> • Therapeutic exercise, (virtually any modality.) • Gait training, • ADL, • Supervised pool or hydrotherapy (must be related to treatment goals), • Patient education, • Equipment measurement and fitting, • Home environment evaluation 	<ul style="list-style-type: none"> • Average number of treatments: 30 • Average duration of treatments: 3 months

OSTEOARTHRITIS (DEGENERATIVE)			
Code	Common Diagnosis or Complications	Types of Physical Therapy	Comments
T1015	<ul style="list-style-type: none"> • Pain • Obesity • Osteoporosis • Contractures • Muscular weakness • Joint instability leading to deformity • Paresthesia 	<ul style="list-style-type: none"> • Therapeutic exercise, • Gait training, • ADL training, • Supervised pool or hydrotherapy (must be related to treatment goals) • Patient education 	<ul style="list-style-type: none"> • Average number of treatments: 4 - 10 • Average duration of treatment: 2 weeks

BELLS PALSY			
Code	Common Diagnosis or Complications	Types of Physical Therapy	Comments
T1015	<ul style="list-style-type: none"> • Pain • Muscular weakness • Paralysis • Fibrosis • Oral motor pathology 	<ul style="list-style-type: none"> • Infra-red, • Electrical stimulation, • Hydrocollator packs, • Therapeutic exercise, • Massage (related to treatment goals) • Swallowing and feeding treatments 	<ul style="list-style-type: none"> • Average number of treatments: 16 • Average duration of treatments: 6 weeks

BIRTH DEFECTS

Code	Common Diagnosis or Complications	Types of Physical Therapy	Comments
T1015	<ul style="list-style-type: none"> • Spina bifida • Osteogenesis imperfecta • Paraplegia • Hydrocephalus • Scoliosis • Musculoskeletal deformity • Osteoporosis • Leg length discrepancy • Muscular imbalance • Decreased range of motion • Gait deviation • Muscular weakness • Contractures • Joint instability • Kidney disease. • Cerebral palsy • Other genetic syndromes 	<ul style="list-style-type: none"> • Therapeutic exercise, • ADL, • Neurodevelopmental therapy, • Gait training, • Supervised hydrotherapy (must be related to treatment goals) • Bracing, • Tilt table, • Adaptive equipment, • Kinesthetic treatment evaluation 	<ul style="list-style-type: none"> • Average number of treatments: 60 - 90 (after each surgery) • Average duration of treatments: 9 months -2 years • Emphasis on independence in ADL and gait, parent and patient education, progression of treatment related to neurodevelopmental maturation and advancement. • Initial treatment: intensive (Approximately two months after each surgery) then reducing frequency. • More deformity develops as bones grow at a faster rate than muscles causing muscle contractures and more gait disturbances-on going until growth is complete.

BRAIN DAMAGE (Other than Cerebral Vascular Accident)

Code	Common Diagnosis or Complications	Types of Physical Therapy	Comments
T1015	<ul style="list-style-type: none"> • Anoxia, • Encephalitis • Meningitis • Aneurysm • Tumor • Clot • Hemorrhage • Hydrocephalus • Contusion • Concussion • Decreased range of motion • Muscular weakness • Decubiti • Incontinence • Infection • Perceptual deficit • Decreased balance • Spasticity • Confusion and disorientation • Ataxias • Athetosis 	<ul style="list-style-type: none"> • Therapeutic exercise, • Neurodevelopmental therapy, • ADL, • Gait training, • Bracing, • Patient and family education, • Home environment evaluation, • Equipment measurement and fitting, • Kinesthetic treatment, • Supervised pool and hydrotherapy (must be related to treatment goals) 	<ul style="list-style-type: none"> • Average number of treatments: 48 • Average duration of treatments: 12 months • This is a life altering insult. Emphasis is placed on both physical and mental healing to reintegrate the patient into society. • Keep independent

BURNS

Code	Common Diagnosis or Complications	Types of Physical Therapy	Comments
T1015	<ul style="list-style-type: none"> • Infection • Dehydration • Contractures • Pain • Muscular weakness • Surgery • Amputation • Disfigurement 	<ul style="list-style-type: none"> • Therapeutic exercise, • Massage, • Ultra - sound, • Debridement, • Supervised hydrotherapy (must be related to treatment goals), • Bandaging, • Gait training, • ADL, • Scar management, • Patient and family education 	<ul style="list-style-type: none"> • Average number of treatments: 24 • Average duration of treatments: 2 months • Initially acute until wound covering is achieved. Surface area and degree of burn will dictate concentration and duration of treatment. Many plastic revisions

BURSITIS			
Code	Common Diagnosis or Complications	Types of Physical Therapy	Comments
T1015	<ul style="list-style-type: none"> • Decreased ROM • Pain • Muscular weakness 	<ul style="list-style-type: none"> • ADL, • Therapeutic exercise 	<ul style="list-style-type: none"> • Average number of treatments: 12 • Average duration of treatments: 1 month • Decrease in range of motion often leading to contracture or "frozen" joint, which could lead to prolonged treatment

CERVICAL RIB SYNDROME - THORACIC OUTLET SYNDROME - SCALENUS ANTICUS SYNDROME			
Code	Common Diagnosis or Complications	Types of Physical Therapy	Comments
T1015	<ul style="list-style-type: none"> • Pain and numbness in arm and hand • Neurological deficit • Muscular weakness • Decreased range of motion 	<ul style="list-style-type: none"> • Therapeutic exercise 	<ul style="list-style-type: none"> • Average number of treatments: 16 • Average duration of treatments: 6 weeks • Home instruction important

CHEST SURGERY			
Code	Common Diagnosis or Complications	Types of Physical Therapy	Comments
T1015	<ul style="list-style-type: none"> • Cancer • Pacemaker • Open heart surgery • Atelectasis • Pneumonia • Bronchitis • Congestive heart failure 	<ul style="list-style-type: none"> • Breathing exercises, • Postural drainage, • Vibrations, • Percussions, • Therapeutic exercise, • Gait training, • Upper extremity range of motion, • Patient and family education, • Endurance 	<ul style="list-style-type: none"> • Average number of treatments: 15 • Average duration of treatments: 1 month

CHRONIC OBSTRUCTIVE LUNG DISEASE			
Code	Common Diagnosis or Complications	Types of Physical Therapy	Comments
T1015	<ul style="list-style-type: none"> • Emphysema • Bronchitis C asthma • Pneumonia • Atelectasis • Cancer • Sarcoidosis • Bronchiectasis 	<ul style="list-style-type: none"> • Postural drainage, • Vibrations, • Percussion, • Breathing and endurance exercises 	<ul style="list-style-type: none"> • Average number of treatments: 15 • Average duration of treatment: 1 month

CVA - HEMIPLEGIA			
Code	Common Diagnosis or Complications	Types of Physical Therapy	Comments
T1015	<ul style="list-style-type: none"> • Diabetes • Peripheral vascular disease • Decreased sensation • Spinal cord injury • Any other immobilizing disease or condition 	<ul style="list-style-type: none"> • ADL, • Gait-training modalities, • Evaluation, • Electrical stimulation, • Equipment evaluation and fitting, • Home environment evaluation 	<ul style="list-style-type: none"> • Average number of treatments: 30 • Average duration of treatment: 3 months • Chronic <p>This can result in a life altering insult. Emphasis is placed on physical and mental to reintegrate the patient into society.</p>

DECUBITUS ULCER			
Code	Common Diagnosis or Complications	Types of Physical Therapy	Comments
T1015	<ul style="list-style-type: none"> • Diabetes • Peripheral vascular disease • Decreased sensation • Spinal cord injury • Any other immobilizing disease or condition 	<ul style="list-style-type: none"> • Wound care, • Equipment evaluation and fitting 	<ul style="list-style-type: none"> • Average number of treatments: 36 Treatment duration varies according to size and location of lesion • Average duration of treatments: 4 months • Physical therapy may be utilized intermittently

DEGENERATIVE OR TRAMATIC DISC DISEASE			
Code	Common Diagnosis or Complications	Types of Physical Therapy	Comments
T1015	<ul style="list-style-type: none"> • Pain • Decreased range of motion • Numbness • Muscle weakness 	<ul style="list-style-type: none"> • Therapeutic exercise, • Gait training 	<ul style="list-style-type: none"> • Average number of treatments: 18 • Average duration of treatments: 6 weeks

EPICONDYLITIS			
Code	Common Diagnosis or Complications	Types of Physical Therapy	Comments
T1015	<ul style="list-style-type: none"> • Pain • Decreased range of motion • Muscular weakness • Neurological deficit 	<ul style="list-style-type: none"> • Therapeutic exercise 	<ul style="list-style-type: none"> • Average number of treatments: 10 • Average duration of treatments: 2-4 weeks • Prolonged treatment not indicated.

FRACTURED HIP			
Code	Common Diagnosis or Complications	Types of Physical Therapy	Comments
T1015	<ul style="list-style-type: none"> • Muscular weakness • Osteoporosis • Pain • Decreased range of motion • Infection • Thrombo-phlebitis • Osteomyelitis • Vascular necrosis 	<ul style="list-style-type: none"> • Gait training, • Therapeutic exercise, • Supervised hydrotherapy (must be related to treatment goals) • Tilt table, • ADL, • Strengthening, • Increased ROM 	<ul style="list-style-type: none"> • Average number of treatments: 30 (non-weight bearing) 16 (weight bearing) • Average duration of treatments: 3 months (NWB) 6 weeks (WB)

FRACTURE – LOWER EXTREMITY			
Code	Common Diagnosis or Complications	Types of Physical Therapy	Comments
T1015	<ul style="list-style-type: none"> • Muscular weakness • Edema • Thrombo-phlebitis • Infection • Osteomyelitis • Neurological deficit • Decreased range of motion 	<ul style="list-style-type: none"> • Gait training, • Therapeutic exercise, • Supervised hydrotherapy (must be related to treatment goals) • Tilt table, • ADL, • Strengthening, • Increased ROM 	<ul style="list-style-type: none"> • Average number of treatments: 20 • Average duration of treatments: 10 weeks • The closer the fracture is to a joint, the greater the complication potential and subsequent intensity and duration of treatment. • Fracture: ANKLE - 16 treatments FEMUR - 16 treatments

FRACTURE –UPPER EXTREMITY			
Code	Common Diagnosis or Complications	Types of Physical Therapy	Comments
T1015	<ul style="list-style-type: none"> • Decreased range of motion • Vascular insufficiency • Muscle weakness 	Therapeutic exercise	<ul style="list-style-type: none"> • Average number of treatments: 24 • Average duration of treatments: 2 months • WRIST - 16 treatments

GULLAIN-BARRE SYNDROME			
Code	Common Diagnosis or Complications	Types of Physical Therapy	Comments
T1015	<ul style="list-style-type: none"> • Pain • Decreased range of motion • Joint instability • Muscular weakness • Decubiti • Contractures • Respiratory difficulties • Decreased endurance 	<ul style="list-style-type: none"> • Therapeutic exercise, • ADL, • Gait training • Pulmonary hygiene • Supervised pool therapy(must be related to treatment goals) • Patient education • Home environment evaluation • Equipment measurement and fitting 	<ul style="list-style-type: none"> • Average number of treatments: 24 • Average duration of treatments: 3 months • Emphasis on instruction and teaching by the therapist to establish independence. • This disease may be manifested in an acute or chronic syndrome.

LYMPHEDEMA			
Code	Common Diagnosis or Complications	Types of Physical Therapy	Comments
T1015	<ul style="list-style-type: none"> • Pain • Decreased range of motion • Muscular weakness • Edema 	<ul style="list-style-type: none"> • Therapeutic exercise • Equipment measurement and stockings or equivalent • ADL 	<ul style="list-style-type: none"> • Average number of treatments: 16 • Average duration of treatments: 6 weeks • Emphasis on instructions in procedures to be used at home.

MASTECTOMY			
Code	Common Diagnosis or Complications	Types of Physical Therapy	Comments
T1015	<ul style="list-style-type: none"> • Adhesions • Edema • Muscular weakness • Decrease in motion • Peripheral nerve pressure • Pain • Shoulder-hand syndrome 	<ul style="list-style-type: none"> • Equipment measurement or equivalent • Therapeutic exercise • Pneumatic compression 	<ul style="list-style-type: none"> • Average number of treatments: 16 • Average duration of treatments: 6 weeks • Emphasis shall be placed on home program from hospital.

MULTIPLE SCLEROSIS			
Code	Common Diagnosis or Complications	Types of Physical Therapy	Comments
T1015	<ul style="list-style-type: none"> • Limited range of motion • Incoordination • Imbalance • Muscular weakness • Spasticity • Decubiti • Pain • Incontinence • Ataxia 	<ul style="list-style-type: none"> • Therapeutic exercise, • Gait training, • ADL, • Supervised pool or hydrotherapy (must be related to treatment goals), • Equipment measurement and fitting, • Home environment evaluation 	<ul style="list-style-type: none"> • Average number of treatments: 30 • Average duration of treatments: 4 months • Used intermittently as indicated by exacerbation and remission. • Therapy for this diagnosis shall be directed toward supervision and home program construction.

MUSCULO-LIGAMENTOUS STRAINS AND SPRAINS			
Code	Common Diagnosis or Complications	Types of Physical Therapy	Comments
T1015	<ul style="list-style-type: none"> • Pain • Decreased range of motion • Muscular weakness • Spasm • Fracture 	<ul style="list-style-type: none"> • Therapeutic exercise • Gait training, • Bracing, • Bandaging 	<ul style="list-style-type: none"> • Average number of treatments: 12 • Average duration of treatments: 1 month

MYOCARDIAL INFARCT			
Code	Common Diagnosis or Complications	Types of Physical Therapy	Comments
T1015	<ul style="list-style-type: none"> • Thrombophlebitis • Arteriosclerotic heart disease • Hypertension • Muscle weakness • Pulmonary infarction • Decreased activity tolerance 	<ul style="list-style-type: none"> • ADL, • Gait, • Therapeutic exercise, • Endurance training, • Patient education 	<ul style="list-style-type: none"> • Average number of treatments: 16 • Average duration of treatments: 2 months

MYOSITIS			
Code	Common Diagnosis or Complications	Types of Physical Therapy	Comments
T1015	<ul style="list-style-type: none"> • Pain • Decreased range of motion • Muscle weakness 	Therapeutic exercise	<ul style="list-style-type: none"> • Average number of treatments: 15 • Average duration of treatment: 4 weeks

NEURITIS OR NEURALGIA			
Code	Common Diagnosis or Complications	Types of Physical Therapy	Comments
T1015	<ul style="list-style-type: none"> • Intense pain • Decreased range of motion • Weakness 	Patient and family education	<ul style="list-style-type: none"> • Average number of treatments: 16 • Average duration of treatments: 3 - 4 weeks

NEURODEVELOPMENTAL DEFICIT			
Code	Common Diagnosis or Complications	Types of Physical Therapy	Comments
T1015	<ul style="list-style-type: none"> • Cerebral palsy, • Birth trauma, • High risk infancy • Birth anoxia, • Developmental delay • Spasticity • Hypotonia • Hypertonia • Decreased range of motion • Gait deviation • Muscular weakness • Joint instability • Impaired cognitive function • Athetosis • Ataxia • Genetic syndromes • Chromosomes abnormality 	<ul style="list-style-type: none"> • Neurodevelopmental therapy, • Kinesthetic treatment, • Therapeutic exercise • Supervised hydrotherapy (must be related to treatment goals), • Bracing, • Splinting, • ADL, • Gait training • Mobility training, • Gross and fine motor skills, • Coordination, • Cognitive training, • Adaptive equipment training 	<ul style="list-style-type: none"> • Average number of treatments: 50 - 100 • Average duration of treatments: 12 months to 3 years on going • Emphasis on achieving independence in gait, ADL, mobility skills, instruction to parent and patient, progression of treatments related to neuro - developmental maturation and advancement. • Initial treatment: Intensive (approximately two weeks), then reducing frequency • After each surgical intervention-therapy needs to be more intensive then reduced - this is ongoing. • Deformity (ROM- contractures-gait disturbances, etc.) as muscles do not keep up with bony growth. New equipment needs ADL as child grows. • Cerebral palsy is chronic in nature. Therapy is to prevent further deformity.

PARAPLEGIA AND QUADRIPLÉGIA			
Code	Common Diagnosis or Complications	Types of Physical Therapy	Comments
T1015	<ul style="list-style-type: none"> • Limited range of motion • Osteoporosis • Decubiti • Kidney disease • Malnutrition • Bladder and kidney stones 	<ul style="list-style-type: none"> • Therapeutic exercise, • ADL, • Gait training, • Ultra-violet light, • Supervised hydrotherapy (must be related to treatment goals), • Bracing, • Tilt table, • Home environment evaluation, • Equipment fitting and measurement (wheelchair, bath) 	<ul style="list-style-type: none"> • Average number of treatments: 48 • Acute rehabilitation after initial diagnosis. • Emphasis on instruction and teaching by the physical therapist to establish independence

PARKINSON'S DISEASE			
Code	Common Diagnosis or Complications	Types of Physical Therapy	Comments
T1015	<ul style="list-style-type: none"> • Limited range of motion • Muscular weakness • Gait and posture problems • Pain • C decubiti 	<ul style="list-style-type: none"> • Therapeutic exercise • ROM, • Gait training, • Supervised hydrotherapy (must be related to treatment goals) • Bracing, • Tilt table, • Home environment evaluation, • Equipment fitting and measurement (wheelchair, bath) 	<ul style="list-style-type: none"> • Average number of treatments: 16 • Duration of treatments: 12 months

PERIPHERAL NERVE INJURIES			
Code	Common Diagnosis or Complications	Types of Physical Therapy	Comments
T1015	<ul style="list-style-type: none"> • Edema • Pain • Muscular weakness • Atrophy C contracture 	<ul style="list-style-type: none"> • Bracing, • Therapeutic exercises 	<ul style="list-style-type: none"> • Average number of treatments: 20 • Average duration of treatments: 2 months • Emphasis on instruction and teaching to establish independence. • This disease may be manifested in an acute or chronic syndrome.

RECONSTRUCTIVE HAND SURGERY			
Code	Common Diagnosis or Complications	Types of Physical Therapy	Comments
T1015	<ul style="list-style-type: none"> • Arthritis • Pain • Decreased motion, • Muscular weakness • Edema • Infection • Tendonitis 	<ul style="list-style-type: none"> • Splinting, • Therapeutic exercise 	<ul style="list-style-type: none"> • Average number of treatments 36 • Average duration of treatments: 3 months

SCLERODERMA			
Code	Common Diagnosis or Complications	Types of Physical Therapy	Comments
T1015	<ul style="list-style-type: none"> • Ulcers • Decreased ROM • Osteoporosis • Arthritis • Poor circulation 	<ul style="list-style-type: none"> • Therapeutic exercise, • Gait training, • ADL, • Supervised pool therapy (must be related to treatment goals) 	<ul style="list-style-type: none"> • Average number of treatments: 24 • Average duration of treatments: 2 months

SYRINGOMYELIA			
Code	Common Diagnosis or Complications	Types of Physical Therapy	Comments
T1015	<ul style="list-style-type: none"> • Muscular weakness • Diminished sensation 	<ul style="list-style-type: none"> • Therapeutic exercise, • Gait training, • ADL 	<ul style="list-style-type: none"> • Average number of treatments: 30 • Average duration of treatments: 7 months • Therapy shall be directed toward program construction and supervision.

THROMBOPHLEBITIS			
Code	Common Diagnosis or Complications	Types of Physical Therapy	Comments
T1015	<ul style="list-style-type: none"> • Ulcers • Muscular weakness • Edema • Pain • Hemorrhaging • Decreased range of motion • Amputation 	<ul style="list-style-type: none"> • Supervised whirlpool (must be related to treatment goals) • Buerger-Allen exercise, • Therapeutic exercise, • Equipment measurement, • Compression stockings or equipment, • Intermittent mechanical compression, • Gait training 	<ul style="list-style-type: none"> • Average number of treatments: 4-10 • Average duration of treatments: 2 weeks

TOTAL KNEE (FIRST TIME AND REVISION)			
Code	Common Diagnosis or Complications	Types of Physical Therapy	Comments
T1015	<ul style="list-style-type: none"> Decreased range of motion Pain Vascular insufficiency muscle weakness 	Therapeutic exercise	<ul style="list-style-type: none"> Average number of treatments: 20 Average duration of treatments: 6 weeks Knee Revision Average number of treatments: 36 Average duration of treatments: 2 months

VARICOSE ULCER			
Code	Common Diagnosis or Complications	Types of Physical Therapy	Comments
T1015	<ul style="list-style-type: none"> Amputation Peripheral vascular disease Pain 	<ul style="list-style-type: none"> Therapeutic exercises, Bandaging, Debridement, Gait training, Prosthetic training 	<ul style="list-style-type: none"> Average number of treatments: 10 Duration of treatments: 6 weeks

Occupational Therapy - Tables of Conditions and Diagnoses

The following is a list of codes, diagnoses, modalities and limits for Occupational Therapy

TRAUMATIC BRAIN INJURY			
Code	Common Diagnosis or Complications	Types of Occupational Therapy	Comments
T1015	<ul style="list-style-type: none"> Compression of brain, Cerebral edema, Abnormal involuntary movements, Edema, Feeding difficulties, Dysphagia, Anoxia, Concussion, Decrease range of motion, Decubiti, Perceptual deficit, Spasticity 	<ul style="list-style-type: none"> Therapeutic exercise, ADL, Supervised hydrotherapy (must be related to treatment goals) Bracing, Home environment evaluation, Equipment fitting 	<ul style="list-style-type: none"> Treatment generally in conjunction with or after Physical Therapy. Average number of treatments: up to 12 annually Duration: 1 - 3 months Acute rehabilitation after initial diagnosis. Emphasis on instruction and teaching to establish independence.

CVA (Stroke)			
Code	Common Diagnosis or Complications	Types of Physical Therapy	Comments
T1015	<ul style="list-style-type: none"> Hemiplegia, Subarachnoid hemorrhage, Intracerebral hemorrhage, Occlusion and stenosis of pre-cerebral arteries, Occlusion of cerebral artery, Acute cerebrovascular disease, Late effects of cerebrovascular accident 	<ul style="list-style-type: none"> Therapeutic exercise, ADL, Evaluation, Electrical stimulation, Equipment evaluation and fitting, Home environment evaluation 	<ul style="list-style-type: none"> Treatment generally in conjunction with or after Physical Therapy. Average number of treatments: up to 12 annually Duration: up to 3 months This can result in a life altering insult. Emphasis is placed on physical and mental healing to reintegrate the patient into society and promote independence.

SPINAL CORD INJURY			
Code	Common Diagnosis or Complications	Types of Physical Therapy	Comments
T1015	<ul style="list-style-type: none"> • Limited range of motion • Osteoporosis • Decubiti • Kidney Disease • Malnutrition • Bladder and kidney stones 	<ul style="list-style-type: none"> • Therapeutic exercise, • ADL, • Supervised hydrotherapy (must be related to goals), • Bracing, • Home environment evaluation, • Equipment fitting 	<ul style="list-style-type: none"> • Treatment generally in conjunction with or after physical therapy. • Average number of treatments: 12 • Duration: 3 - 6 months • Acute rehabilitation after initial diagnosis. • Emphasis on instruction and teaching by the occupational therapist to establish independence

HAND INJURY			
Code	Common Diagnosis or Complications	Types of Physical Therapy	Comments
T1015	<ul style="list-style-type: none"> • Open wound of wrist with tendon involvement • Open wound of hand with tendon involvement • Open wound of fingers with tendon involvement 	<ul style="list-style-type: none"> • ADL, • Therapeutic exercise, • Splinting, • Physical agent modalities, • Home environment evaluation 	<ul style="list-style-type: none"> • Either PT or OT, not both • Average number of treatments: 36 • Duration: 1 - 3 months

NEURODEVELOPMENTAL DEFICIT			
Code	Common Diagnosis or Complications	Types of Physical Therapy	Comments
T1015	<ul style="list-style-type: none"> • Cerebral palsy • Birth Trauma • High risk infancy • Birth anoxia • Developmental delay • Spasticity Hypotonia • Hypertonia • Decrease range of motion • Gait Deviation • Muscular weakness • Joint instability • Impaired cognitive function • Athetosis • Ataxia • Genetic Syndromes • Chromosome abnormality 	<ul style="list-style-type: none"> • Neurodevelopmental therapy • Kinesthetic treatment, • Therapeutic exercise, • Supervised hydrotherapy (must be related to treatment goals), • Bracing, • Splinting, • ADLs, • Mobility training, • Fine motor skills, • Coordination, • Adaptive equipment training 	<ul style="list-style-type: none"> • Treatment in conjunction with or after physical therapy • Average number of treatments: 15 • Duration: 12 months • Emphasis on achieving independence in gait, • ADL's, • Mobility skills • After each surgical intervention-therapy, needs to be more intensive, then reduced – this is ongoing. • CP therapy prevents further deformity and is chronic in nature

Occupational Therapy for Children - Tables of Conditions and Diagnoses

The following is a list of codes, diagnoses, modalities and limits for Occupational Therapy for children.

DELAYED DEVELOPMENT				
Code	Common Diagnosis or Complications		Types of Occupational Therapy	Comments
T1015 GO	<ul style="list-style-type: none"> • Attention-deficit disorder • Hyperactivity disorder • Hyperkinesia with developmental delay • Mixed development disorder • Feeding problems in newborns • Lack of coordination • Lack of expected normal physiological development • Pervasive developmental disorder • NOS • Autism 	<ul style="list-style-type: none"> • Feeding disorder of infancy or early childhood • Expressive language disorder • Mixed receptive-expressive language disorder • Developmental coordination disorder • Downs Syndrome • Feeding difficulty of early childhood • Hypotonia • Sensory processing disorder 	<ul style="list-style-type: none"> • Neurodevelopmental facilitation techniques, compensatory strategies • Adaptive equipment and training • Parent training • Splinting • Orthotics fitting/training • Visual motor training • Positions • Environmental modifications • Sensory stimulation • Sensorimotor activities • Developmental testing • Myofascial release/soft tissue mobilization • Oral-motor facilitation 	<ul style="list-style-type: none"> • Up to 6 months per episode • (Up to 26 visits)

NEUROLOGIC DEFICIT			
Code	Common Diagnosis or Complications	Types of Occupational Therapy	Comments
T1015 GO	<ul style="list-style-type: none"> • Infantile cerebral palsy • Diplegia • Hemiplegia • Quadriplegia • Monoplegia • Infantile hemiplegia • Other specified infantile cerebral palsy • Infantile cerebral palsy • Dystonia • Muscle Spasticity • Subcranial hemorrhage unspecified 	<ul style="list-style-type: none"> • Neurodevelopmental facilitation techniques • Compensatory strategies • Adaptive equipment and training • Parent training • Splinting • Orthotics fitting/training • Visual motor training • Positions • Environmental modifications • Sensory stimulation • Sensorimotor activities • Sensory integrative techniques • Wheelchair management • Developmental testing 	<ul style="list-style-type: none"> • Up to 6 months per episode (Up to 26 visits)