

Prepaid Mental Health Plans

Coverage by County and Contact Information

Counties	Prepaid Mental Health Plan (PMHP)	Telephone, Main Office	Telephone Numbers for Prior Authorization of Inpatient Mental Health Services
Box Elder, Cache, Rich	Bear River Mental Health (mental health services only)	435-752-0750	All Hours: 435-752-0750
Beaver, Garfield, Kane, Iron, Washington	Southwest Utah Behavioral Health	435-634-5600	All Hours: 435-634-5600
Carbon, Emery, Grand	Four Corners Community Behavioral Health Center	435-637-7200	Business Hours: 435-381-2432 After Hours: Call Carbon County Dispatch and ask for the on-call mental health therapist 435-637-0893
Daggett, Duchesne, Uintah	Northeastern Counseling Center	Vernal: 435-789-6300 Roosevelt: 435-725-6300	All Hours: 435-789-6300 or 435-725-6300
Davis	Davis Behavioral Health	801-773-7060	All Hours: 801-773-7060 After Hours: Ask that the on-call worker be paged
Piute, Juab, Wayne, Millard, Sanpete, Sevier	Central Utah Counseling Center	435-283-8400	Business Hours: 435-283-8400 After Hours: 1-877-469-2822
Salt Lake	Salt Lake County Division of Behavioral Health Services/OptumHealth	Salt Lake County Division of Behavioral Health Services: 801-468-2088 OptumHealth: 877-370-8953	All Hours: OptumHealth: 877-370-8953

San Juan	San Juan Counseling Center	435-678-2992	Business Hours: 435-678-2992 After Hours: 435-979-1588
Summit & Tooele	Valley Mental Health	Summit: 435-649-9079 Tooele: 435-843-3520	Summit: All Hours: 435-649-8347 Tooele: Business Hours: 435-843-3520 After Hours: 435-882-5600
Utah	Wasatch Mental Health (mental health services only) Utah County Department of Drug & Alcohol Prevention & Treatment (outpatient substance use disorder services only)	801-373-4760 801-851-7128	All Hours: 801-373-7393 NA
Weber, Morgan	Weber Human Services	801-625-3700	All Hours: 801-625-3700

Alphabetical List of Counties	Prepaid Mental Health Plan (PMHP)	Alphabetical List of Counties	Prepaid Mental Health Plan (PMHP)
Beaver	Southwest Utah Behavioral Health	Morgan	Weber Human Services
Box Elder	Bear River Mental Health	Piute	Central Utah Counseling Center
Cache	Bear River Mental Health	Rich	Bear River Mental Health
Carbon	Four Corners Community Behavioral Health Center	Salt Lake	Salt Lake County Division of Behavioral Health Services/OptumHealth
Daggett	Northeastern Counseling Center	Sanpete	Central Utah Counseling Center
Duchesne	Northeastern Counseling Center	San Juan	San Juan Counseling Center
Davis	Davis Behavioral Health	Sevier	Central Utah Counseling Center
Emery	Four Corners Community Behavioral Health Center	Summit	Valley Mental Health
Garfield	Southwest Utah Behavioral Health	Tooele	Valley Mental Health
Grand	Four Corners Community Behavioral Health Center	Uintah	Northeastern Counseling Center
Iron	Southwest Utah Behavioral Health	Utah	Wasatch Mental Health (mental health services only) Utah County Department of Drug and Alcohol Prevention and Treatment (outpatient substance use disorder services only)
Juab	Central Utah Counseling Center	Washington	Southwest Utah Behavioral Health
Kane	Southwest Utah Behavioral Health	Wayne	Central Utah Counseling Center
Millard	Central Utah Counseling Center	Weber	Weber Human Services